



Potteries Educational Trust

We are getting closer to our proposed academy conversion date of 1st April. Having been an Associate Member of PET since 2019, we're really looking forward to becoming a fully-fledged member at the end of this month.

Term Dates

Term dates can be found on our website at <http://www.werringtonprimary.org.uk/about-us/term-dates/>
We break up for Easter at 3:30pm on **Thursday 1st April**.
School then reopens at 8:45 on Monday 19th April.

Comic Relief

Friday 19th March is Comic Relief's Red Nose Day. In support of this, we are inviting children to come dressed as their own super heroes for the day. This may be a 'traditional' super hero, or a made up one of their choice.
Donations are to be made directly to our Just Giving page which can be found here:

<https://www.justgiving.com/fundraising/werrington-primary-school-rednoseday21>

If you would like to make your own super hero mask, templates can be found here:
https://assets.ctfassets.net/as2n6w3kqeta/41xZRogciVORtcgf26xXo/87bbe53db8a57e1999a3630e8bb080ca/RND21_094_Schools_Masks.pdf

We really hope the children will enjoy getting involved and raising money for this wonderful charity.

Wellbeing Support

At Werrington we are proud to be able to offer a pastoral provision that extends to every aspect of our school community. We have trained staff who can support wellbeing, provide relational care and help children and young people to develop the skills that they need to promote emotional, social and psychological growth and resilience. We can also provide counselling support in school and signpost to other agencies where more specialist provision may be required. This support is available to all our families (children and parents/carers) – Please do speak to Ann Marsh (01782 980010 or a.marsh@werrington.staffs.sch.uk) for more information.

Polite Reminder

- **Do not send your child into school if you, or anyone in your household, has symptoms of COVID**
- When waiting to collect or drop off your child, please ensure that you leave a clear pathway for other parents to pass by
- The office is shut for in person visits; please contact the office staff via telephone or email.
- Visiting adults **MUST** wear a mask within the school grounds
- Everyone **MUST** adhere to our one-way system – The only point of entry to the school is the pedestrian gate at the main entrance. The only exit points are the gateway by the Co-op and the gateway by the Werrington Library.
- Where possible, encourage your child to make their own way into school from the entry point. If an adult does need to accompany a child into the school grounds, it must be one adult only per family
- Please drop and pick up your children promptly – do not gather in a crowd to chat outside of school.
- Please note that vehicles dropping children off or picking children up will **NOT** be allowed into the school grounds
- School meals **MUST** be pre-ordered via Parentpay (even free school meals)
- Fruit/Snack will be available for pupils in Reception and in Key Stage 1. We suggest that Key Stage 2 pupils bring their own (healthy) snack in if required.
- Do not mix with other households unless they are in your support bubbles, therefore children's parties and sleep-overs cannot happen.
- Do not share a car with other families.
- Doors and windows will be left open during the day so children will need to ensure that they have their jumper/sweatshirt/cardigan. Whenever possible the children will be outside at break times and should bring a good, waterproof, warm coat to school every day

Laptops

If you have borrowed a laptop from school to help with your child's home learning during lockdown, please return it as soon as possible.
Make sure you have erased any saved documents, webpages and emails and deleted any log in details.

Werrington Food project

We would welcome any donations of non-perishable food, toiletries, sanitary products, baby products and cleaning materials for the Werrington Food Project. We have placed a 'drop off box' in the reception area of school and one outside of the Wellbeing room for anyone able to make a donation.

If you need support from Werrington Food Project please contact Mrs Marsh via class dojo, email a.marsh@werrington.staffs.sch.uk or telephone 01782 980010.

Alternatively contact the Food Project directly by calling 01782 303888 or contact Sue by email sue.brownsword@openreach.com or through Facebook via the "All Things Werrington" group

10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM  @BELIEVEPHQ



ROLE MODEL
Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



TALKING
Support your child to talk about their problems and how they are feeling



COPING SKILLS
Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging

SLEEP

Support your child to build positive sleep habits. Develop a good sleep environment with your child



WELLBEING

Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety



PLAY

Promote play and creativity among your child. Allow them to explore



SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

RELAXATION

Help your child to relax. Teach them relaxation skills such as deep breathing



RELATIONSHIPS

Support your child to build positive relationships with friends and family

