

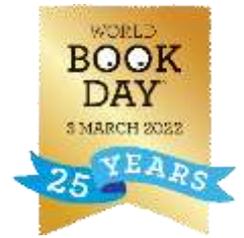


Werrington Primary School



Newsletter

4th February 2022.



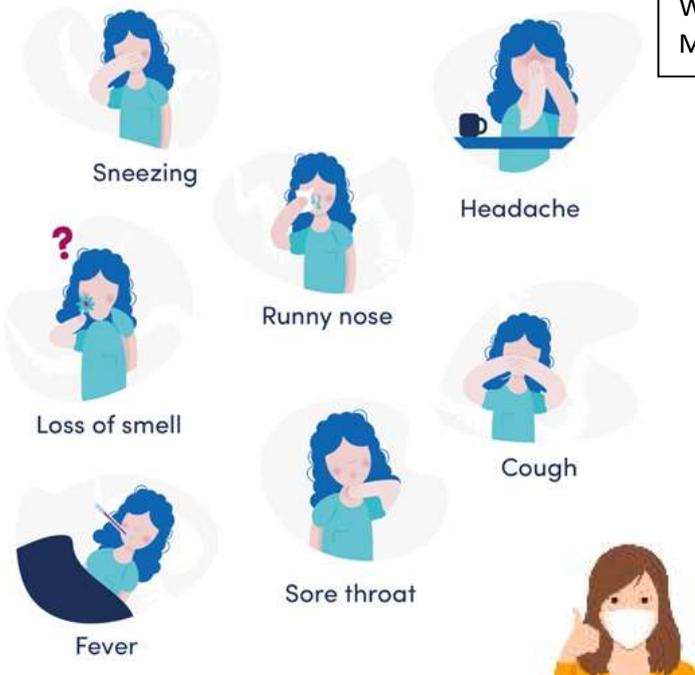
Nursery

All 3 and 4 year olds have a free universal entitlement of 15 hours early education per week, for 38 weeks of the year (term time), which equates to up to 570 hours over a year.

As a governor-run nursery we have one intake of pupils each year, which takes place every September. If you would like your child to **start in our Nursery in September 2022**, please let the school office know as soon as possible.

Be clear on COVID

The most important symptoms we all need to know!



Half Term

School closes for half term at 3:20pm on **THURSDAY** 17th February. We reopen at 8:45 am on Monday 28th February.



25 Years of World Book Day

We will be joining in with schools across Europe and the world to celebrate World Book Day on Thursday 3 March. More details on the events happening in school will be announced shortly.



Children with Coronavirus symptoms

If your child has COVID-19 symptoms it remains the case that they should stay at home and self-isolate immediately. They should take a PCR test as soon as possible. If this PCR test result is positive, they must continue to self-isolate.

Thank you

It's been a tricky couple of weeks at school with increasing numbers of positive covid cases amongst pupils and staff. We are clinging onto 'in school' learning, however this situation remains extremely fragile. Thank you for your support with keeping the school open by being so vigilant for any covid signs and being so proactive with LFD and PCR testing. Here's hoping that the coming week sees a fall in cases and we can remain fully open.

Please bear with us over the next few weeks. We are experiencing a very high number of staff absence due to Covid. We are trying to ensure that the cover staff are familiar to the children by using other staff from our school wherever possible.

Snow/Adverse Weather

Should we be forced to close the school due to snow, we will let all parents know via Dojo and via www.staffordshire.gov.uk/Education/Schoolsandcollege/emergencyclosures.aspx

Please don't phone the school to ask if we're open or message staff individually via Dojo.

Your child's teacher will set some online learning and will message you with instructions on how to access that learning - from the first day of closure there will be an understanding that many children will want to spend some time playing outside in the snow, and our online learning requirements will reflect that.

Water Bottles



Please fill with **WATER ONLY**

Reading at Home

Reading books with children is a great way to spend family time. Research shows that exploring books can have lots of benefits for children, and it's also just fantastic family fun. Here are some tips to help with home reading:

- **Set aside some time**

Find somewhere quiet without any distractions - turn off the TV/radio/computer.

- **Ask your child to choose a book**

Sharing books they have chosen shows you care what they think and that their opinion matters. This means they are more likely to engage with the book.

- **Sit close together**

Encourage your child to hold the book themselves and/or turn the pages.

- **Point to the pictures**

If there are illustrations, relate them to something your child knows. Ask them to describe the characters or situation or what will happen next. Encourage them to tell you the story by looking at the pictures.

- **Encourage your child to talk about the book**

Talking about the characters and their dilemmas helps children understand relationships and is an excellent way for you to get to know each other or discuss difficult issues. Give your child plenty of time to respond. Ask them what will happen next, how a character might be feeling or how the book makes them feel.

- **And lastly, above all - make it fun!**

It doesn't matter how you read with a child, as long as you both enjoy the time together. Don't be afraid to use funny voices - children love this!

Play Equipment

We've had a couple of close scrapes from younger children playing on our KS2 play equipment at hometime. Please ensure that children do not climb on the play equipment, either before or after school.



Wellbeing Support

At Werrington we are proud to be able to offer a pastoral provision that extends to every aspect of our school community. We have trained staff who can support wellbeing, provide relational care and help children and young people to develop the skills that they need to promote emotional, social and psychological growth and resilience. Anne Marsh is our Mental Health and Emotional Wellbeing Lead Practitioner and Sarah Archer is our Mental Health and Emotional Wellbeing Mentor.

We can also provide counselling support in school and signpost to other agencies where more specialist provision may be required. This support is available to all our families (children and parents/carers) – Please do speak to Ann Marsh (01782 980010 or a.marsh@werrington.staffs.sch.uk) for more information.

Polite Reminder

Everyone **MUST** adhere to our one-way system – The only point of entry to the school is the pedestrian gate at the main entrance. The only exit points are the gateway by the Co-op and the gateway by the Werrington Library.

Please DO NOT enter the school premises via the gate by the Co-op. We are doing everything that we can to make sure that everyone stays safe and that our school stays open. By ignoring our one-way rules you are putting our staff, pupils, parents and our school at risk and are setting a poor example for your children. The vast majority of parents are supporting the school and following the one-way rules and we would all like to thank you for this support.

Have you ever made a mistake?

Of course, we all make mistakes because we are all human. However, we often see them as a sign of failure and sometimes as a reflection of a lack of ability or talent on our part. Making mistakes can leave us with negative feelings and a sense of inadequacy. However, research suggests that making mistakes is actually very positive:

- When we think about why something is wrong or hasn't worked, "new connections are sparked that actually cause the brain to grow". We should place a high value on mistakes, rather than regarding them as failures
- 'Mistake-rich' environments produce better education and lead to greater insight and higher truth. Some even go so far as to say that it is a cause for concern when we don't make any mistakes
- Failing can feel scary, but fear can also be good to help us grow and learn. Try to see fear as an indicator of growth and welcome it.

As Albert Einstein once said, "Anyone who has never made a mistake has never tried anything new."

The Werrington Way

The Werrington Way

Be respectful

Try our best

Keep ourselves and others safe

Over the next few weeks we will be encouraging children to design posters to promote our 'Werrington Way' for behaviour. We hope that the posters will be displayed around our community.

If you have chance, it would be great if you could support your child in designing a poster – More details to follow soon.

BE SMART ONLINE



S

SAFE

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.



M

MEET

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

THINK
UK
KNOW

A

ACCEPTING

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.



R

RELIABLE

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.



T

TELL

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk



BE SMART WITH A HEART

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.



Parents

Being a parent can be tough. Please take time to look after yourself – we're always here for a chat or some advice if needed.

10 TIPS TO HELP PARENTS DEAL WITH STRESS AT HOME



1 Work with your family as part of a team to get chores completed around the house



2 Make sure you and your family are providing each other with time and space



3 Tap into previous coping skills and identify times in the past you have coped well with stress



4 Try and stay on top of things. Be organised with your weekly routine and necessary activities



5 Make sure you are finding time to engage in some activities that provide you with a sense of relaxation



6 Talk to close friends or family members about how you are feeling. This can be useful for venting emotions



7 Set out some guidelines or rules that you and your family can all work towards together

BELIEVE PERFORM

Mental Health & Wellbeing

 @BELIEVEPHQ



8 Learn how to problem solve effectively. This tool is useful for managing worry and reducing stress



9 Try and reduce conflict by listening to each others needs. Be patient and understanding with each other



10 Learn and practise some coping skills such as deep breathing or imagery to calm your mind and body



Together we succeed.